



ATMOSPHERE™

ASTHMA OUTCOMES AND PATIENT ADHERENCE

CME ATTESTATION/EVALUATION FORM

Instructions: In order to obtain 3 AMA PRA Category 1 Credits™, participants are required to:

1. Read the learning objectives, review the activity, and complete the posttest.
2. Complete this CME Attestation/Evaluation.
3. Mail or fax these forms to:

The France Foundation • ATTN: ATMOSPHERE™ Secretariat
 230 Shore Road • Old Lyme, Connecticut 06371
 Tel: 866-225-8550 • Fax: 860-434-5390 • Email: atmosphere@francefoundation.com

First Name: _____ Last Name: _____

Address: _____

City: _____ State: _____ ZIP: _____

Telephone: _____ Fax: _____

By providing your fax number you are giving The France Foundation permission to fax information to you in the future. This is for internal use only and will not be given or sold to other companies for use.

Email: _____

Your CME certificate will be sent to this email address.

May we contact you in the future with a brief survey to assess how you have used the information presented in this activity or to assess other educational needs? Yes No

Degree(s): MD/DO PharmD/RPh NP PA RN Other _____

Specialty: Allergy/Immunology Pulmonology Family Medicine Internal Medicine Pediatrics
 Other _____

Number of years in practice: < 5 6–10 11–15 16–20 21–25 > 25 Retired

Indicate the number of AMA PRA Category 1 Credits™ you are claiming _____ (May not exceed 3)

Signature: _____ Date: _____

I certify that I have completed this CME activity as designated.



MET LEARNING OBJECTIVES: 4 = strongly agree; 3 = agree; 2 = disagree; 1 = strongly disagree

Upon completion of this activity, I will be able to:

- | | | | | |
|--|----------------------------|----------------------------|----------------------------|----------------------------|
| Implement strategies for improving management and ongoing assessment of asthma control | <input type="checkbox"/> 4 | <input type="checkbox"/> 3 | <input type="checkbox"/> 2 | <input type="checkbox"/> 1 |
| Apply methods to improve patient adherence with their therapy | <input type="checkbox"/> 4 | <input type="checkbox"/> 3 | <input type="checkbox"/> 2 | <input type="checkbox"/> 1 |
| Identify two resources that can be implemented into practice | <input type="checkbox"/> 4 | <input type="checkbox"/> 3 | <input type="checkbox"/> 2 | <input type="checkbox"/> 1 |

Please list these two resources: _____

ENDURING MATERIAL: 4 = strongly agree; 3 = agree; 2 = disagree; 1 = strongly disagree

The information discussed was:

- | | | | | |
|--|----------------------------|----------------------------|----------------------------|----------------------------|
| Presented in a clear and understandable manner | <input type="checkbox"/> 4 | <input type="checkbox"/> 3 | <input type="checkbox"/> 2 | <input type="checkbox"/> 1 |
| Provided clinically relevant information | <input type="checkbox"/> 4 | <input type="checkbox"/> 3 | <input type="checkbox"/> 2 | <input type="checkbox"/> 1 |

CONTENT

Please rate the overall content presented at this activity: Too basic Appropriate Too complex

BIAS

Was this activity, fair, balanced, objective, and free from commercial bias? Yes No

ATTITUDE, BEHAVIOR: 4 = strongly agree; 3 = agree; 2 = disagree; 1 = strongly disagree

- | | | | | |
|--|----------------------------|----------------------------|----------------------------|----------------------------|
| What I learned in this activity has increased my confidence in managing asthma | <input type="checkbox"/> 4 | <input type="checkbox"/> 3 | <input type="checkbox"/> 2 | <input type="checkbox"/> 1 |
| What I learned in this activity will enhance my ability to change my patient management approaches | <input type="checkbox"/> 4 | <input type="checkbox"/> 3 | <input type="checkbox"/> 2 | <input type="checkbox"/> 1 |
| What I learned in this activity will result in an improvement in my patients' health status | <input type="checkbox"/> 4 | <input type="checkbox"/> 3 | <input type="checkbox"/> 2 | <input type="checkbox"/> 1 |



ATMOSPHERE™

ASTHMA OUTCOMES AND PATIENT ADHERENCE

BARRIERS

What barriers do you feel might inhibit your ability to incorporate any of the changes you learned about into your clinical practice?

FUTURE TOPICS

Recommendations for future CME topics in this disease area:

CME POSTTEST ANSWERS

1. a b c d
2. a b c d e
3. a b c d e
4. a b c d e
5. a b c d e
6. a b c d
7. a b c d e
8. a b c d e
9. a b c d e



ATMOSPHERE™

ASTHMA OUTCOMES AND PATIENT ADHERENCE



POSTTEST

- 1. Over the past 30 years, asthma mortality in the United States has**
 - a. Steadily increased because of environmental toxins
 - b. Remained a constant proportion of the total population
 - c. Increased, then decreased
 - d. Steadily decreased because of improved β_2 -agonists

- 2. The 2004 GOAL study by Bateman**
 - a. Was a 1 year, double-blind trial of over 3000 patients with uncontrolled asthma
 - b. Was a step-up dose design using the GINA guidelines
 - c. Showed that its primary endpoint, a guideline-derived control of asthma, could be achieved in a majority of patients
 - d. a & c
 - e. All of the above

- 3. The primary goal of the Expert Panel Report-3 NHLBI Guidelines is to**
 - a. Maximize the quality of life
 - b. Prevent exacerbations and reduce overall health care costs
 - c. Minimize asthma severity and maximize control
 - d. Reduce impairment and risk
 - e. Provide asthma care guidance for primary care physicians

- 4. Which of the following are critical for classifying asthma severity?**
 - a. Nighttime awakenings
 - b. FEV_1 and FEV_1/FVC
 - c. Frequency of SABA use
 - d. a & c
 - e. All of the above

- 5. Why don't asthma patients follow their recommended regimen?**
 - a. Cost of medication
 - b. Why medicate in the absence of symptoms?
 - c. Depression
 - d. Fear of side effects
 - e. All of the above



ATMOSPHERE™

ASTHMA OUTCOMES AND PATIENT ADHERENCE

6. Which method is most effective at enhancing patient adherence?

- a. Improving communication with patient
- b. Reassuring patients about the safety of their medication
- c. Providing patient educational materials
- d. Stressing the importance of smoking cessation and weight loss

7. Which condition is not a common comorbidity of asthma?

- a. GERD
- b. Obesity
- c. Rheumatoid arthritis
- d. Depression
- e. Vocal cord dysfunction

8. Which is true about patient-physician communication?

- a. The physician should write the Asthma Action Plan for the patient
- b. They have the same goal: improving pulmonary function
- c. Writing down goals shows distrust on the physician's part
- d. Only moderate and severe asthma patients need an Action Plan
- e. Gathering information from the patient helps to build a partnership

9. Which is not true regarding the assessment of asthma control?

- a. The 3 commonly used asthma control questionnaires have not been validated
- b. Monitoring of pulmonary function is necessary
- c. Monitoring the patient's quality of life is helpful
- d. Addressing adherence is a key element
- e. Control is emphasized for monitoring and adjusting therapy